

AQA- GCSE- SOW

Theme: People and Lifestyle

Topic 2: Healthy living and Lifestyle  
(La santé et le mode de vie)

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Sections	content	Grammar	Phonics	Homework	Resources
<b>A:</b>  <b>Ailments</b>  <i>(Les maux)</i>	<ul style="list-style-type: none"> <li>Face and body parts</li> <li>Say where you are hurt</li> <li>symptoms</li> <li>illnesses and injuries</li> </ul>	<ul style="list-style-type: none"> <li><i>Avoir</i> mal à + body parts</li> <li>Regular verbs in the present tense</li> </ul>	<ul style="list-style-type: none"> <li>en/an/em/am <i>(ventre, jambe, médicament)</i></li> </ul>	<ul style="list-style-type: none"> <li>Homework 1: Review/ learn vocab from Part A</li> <li>Homework 2: Worksheet: Translation</li> </ul>	<ul style="list-style-type: none"> <li>Powerpoint: Topic2.pptx (slides 7-47)</li> <li>Folder 'A': files linked to Part A</li> <li>Folder "vocabulary": Vocab-PartA.pdf</li> <li>Link to online practice: <a href="https://deckademy.com/#/deck/view/1184/GCSE-French-(AQA)-Topic-2-Healthy-living-and-Lifestyle">https://deckademy.com/#/deck/view/1184/GCSE-French-(AQA)-Topic-2-Healthy-living-and-Lifestyle</a></li> </ul>
<b>B:</b>  <b>Healthy or unhealthy ?</b>  <i>(Sain ou malsain ?)</i>	<ul style="list-style-type: none"> <li>Food and drinks</li> <li>Good and bad diets</li> <li>fast-food and cooking</li> <li>smoking, drugs and alcohol</li> </ul>	<ul style="list-style-type: none"> <li>Manger/ Boire in the present tense</li> <li>Partitive articles: du, de la, de l', des</li> </ul>	<ul style="list-style-type: none"> <li>in/ain/im/aim <i>(vin, pain, faim)</i></li> <li>un/um <i>(un, lundi)</i></li> </ul>	<ul style="list-style-type: none"> <li>Homework 1: Review/ learn vocab from Part B</li> <li>Homework 2: Worksheet: Reading</li> </ul>	<ul style="list-style-type: none"> <li>PPT: Topic2.pptx (slides 53-85)</li> <li>Folder 'B': files linked to Part B</li> <li>Folder "vocabulary": Vocab-PartB.pdf</li> <li>Link to online practice: same as above</li> </ul>
<b>C:</b>  <b>My well-being</b>  <i>(Ma santé)</i>	<ul style="list-style-type: none"> <li>Mental well-being</li> <li>Physical well-being</li> <li>How to achieve well-being</li> <li>My routine</li> </ul>	<ul style="list-style-type: none"> <li>faire, prendre, dormir + review of other irregulars in the present tense</li> <li>Review of reflexive verbs in the present</li> <li>il faut/il ne faut pas + inf</li> </ul>	<ul style="list-style-type: none"> <li>è/ê/ai <i>(père, tête, jamais)</i></li> </ul>	<ul style="list-style-type: none"> <li>Homework 1: Review/ learn vocab from Part C</li> <li>Homework 2: Worksheet: Reading</li> </ul>	<ul style="list-style-type: none"> <li>PPT: Topic2.pptx (slides 90-124)</li> <li>Folder 'C': files linked to Part C</li> <li>Folder "vocabulary": Vocab-PartC.pdf</li> <li>Link to online practice: same as above</li> </ul>
<b>D:</b>  <b>Lifestyle choices</b>  <i>(Le mode de vie)</i>	<ul style="list-style-type: none"> <li>Consequences of not being healthy</li> <li>Future intentions</li> <li>recent lifestyle choices</li> </ul>	<ul style="list-style-type: none"> <li>Modal verbs in the present: vouloir, pouvoir, devoir</li> <li>Time phrases</li> <li>Review of near future</li> <li>Perfect tense with AVOIR</li> </ul>	<ul style="list-style-type: none"> <li>é/er/ez <i>(café, aller, manger)</i></li> </ul>	<ul style="list-style-type: none"> <li>Homework 1: Review/ learn vocab from Part D</li> <li>Homework 2: Review Topic 2</li> </ul>	<ul style="list-style-type: none"> <li>PPT: Topic2.pptx (slides 129-165)</li> <li>Folder 'D': files linked to Part D</li> <li>Folder "vocabulary": Vocab-PartD.pdf</li> <li>Link to online practice: same as above</li> </ul>

## **Guidance and notes on Topic 2 resources:**

I would recommend to spend around 10 hours on this topic and no more than 12 hours.

It should take 2-3 hours to complete each of the 4 parts. For this reason, there are always 2 sets of homework included between parts, allowing you to set homework after each lesson. I would advise you to give the vocab learning homework as the first set of homework.

There are 2 retrieval activities for Topic 1 at the start of the PPT. You might want to complete one activity at the beginning of each section A's lesson.

There are also 2 retrieval activities included between parts, reviewing the preceding section. The first retrieval activity is always linked to the vocabulary.

Each part also covers one element of phonics and the opportunity for students to look at a cultural aspect in class. Students can also look at other cultural aspects at home and independently. These tasks can be found at the bottom of some of the worksheets.

For further independent study, some worksheets include links/ QR codes for student to review, practice or learn more on a specific aspect of grammar.

The prescribed vocabulary for this topic has been split into 4 more manageable lists: Part A, B, C and D of 50 words each (most of which are words that have been covered in class for that part). However, a full vocab list is also available, should you prefer.

The online course can be used in parallel of the vocab lists to help your students learn the key language. The platform used is now Deckademy\* (Memrise will be discontinuing the community courses at the end of 2024). Each topic has its own Deck. Audio files are included.

*\*Note that Deckademy is a fairly new platform and they are working on adding new features. They are currently developing the app version of the site and the teacher feature (to see students progress) is on their radar too.*