**AQA- GCSE- SOW**

**Theme: People and Lifestyle**

|  |
| --- |
| **Topic 2: Healthy Living and Lifestyle****(La santé et le mode de vie)** |
| **Sections** | **content** | **Grammar** | **Phonics** |
| **A: I am hurt** ***(J’ai mal)*** | Face and body partsSay where you are hurtDescribe symptomsIllnesses and injuries | * Prep. à + article🡺 j’ai mal à
* Regular verbs in the present tense
* Plural nouns
 | * Revision è/ ê/ ai
* é/ er/ ez

*(épaule, casser, nez)* |
| **B: Healthy or unhealthy?*****(Sain ou malsain?)*** | Food and drinksDiet preferencesGood Vs bad dietAttitudes towards fast-food and cookingSmoking, drugs and alcohol | * Prep. de + article 🡺 manger de
* Irregular verbs in the present tense: revision of avoir, être and aller
* Other irregular verbs: boire, faire
* Revision of negation
 | * ou *(course, choux)*
* u *(fumer, prune)*
 |
| **C: My well-being*****(Ma santé)*** | Physical well-beingMental well-beingHow to achieve well-beingMy routine | * Common irregular verbs in the present tense: vouloir, pouvoir, devoir + dormir, courir
* Revision of reflexive verbs in the present
* Pour + inf.
 | * on/ om

*(on peut/ doit)** in/ ain/ im/ aim

*(matin, pain, important, faim)* |
| **D: Lifestyle choices*****(L’hygiène de vie)*** | Why stay healthy ?Consequences of not being healthyPast lifestyle Future intentions | * Perfect tense of regular verbs
* Basic imperfect tense phrases
* Adverbs and position
* Revision of near future
* Impersonal verbs
* Imperative with tu
 | * en/ an/ em/ am

*(prendre, temps, avant)** revision nasal sounds: in/ on/ an
 |