**AQA- GCSE- SOW**

**Theme: People and Lifestyle**

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| **Topic 2: Healthy Living and Lifestyle**  **(La santé et le mode de vie)** | | | |
| **Sections** | **content** | **Grammar** | **Phonics** |
| **A: I am hurt**  ***(J’ai mal)*** | Face and body parts  Say where you are hurt  Describe symptoms  Illnesses and injuries | * Prep. à + article🡺 j’ai mal à * Regular verbs in the present tense * Plural nouns | * Revision è/ ê/ ai * é/ er/ ez   *(épaule, casser, nez)* |
| **B: Healthy or unhealthy?**  ***(Sain ou malsain?)*** | Food and drinks  Diet preferences  Good Vs bad diet  Attitudes towards fast-food and cooking  Smoking, drugs and alcohol | * Prep. de + article 🡺 manger de * Irregular verbs in the present tense: revision of avoir, être and aller * Other irregular verbs: boire, faire * Revision of negation | * ou *(course, choux)* * u *(fumer, prune)* |
| **C: My well-being**  ***(Ma santé)*** | Physical well-being  Mental well-being  How to achieve well-being  My routine | * Common irregular verbs in the present tense: vouloir, pouvoir, devoir + dormir, courir * Revision of reflexive verbs in the present * Pour + inf. | * on/ om   *(on peut/ doit)*   * in/ ain/ im/ aim   *(matin, pain, important, faim)* |
| **D: Lifestyle choices**  ***(L’hygiène de vie)*** | Why stay healthy ?  Consequences of not being healthy  Past lifestyle  Future intentions | * Perfect tense of regular verbs * Basic imperfect tense phrases * Adverbs and position * Revision of near future * Impersonal verbs * Imperative with tu | * en/ an/ em/ am   *(prendre, temps, avant)*   * revision nasal sounds: in/ on/ an |